

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

| Key achievements to date: | Areas for further improvement and baseline evidence of need: |
|---|--|
| <p>Real PE/Get Set for PE making a difference to teaching and enjoyment</p> <p>Activemark Silver school</p> <p>Teachers have had a good range of training</p> <p>Entered a variety of competitions</p> <p>Entered a range of cluster events</p> <p>Good culture of competition in the school</p> <p>Lunchtimes have become more physical activity focused</p> <p>Regular swimming for Yrs 4, 5 & 6</p> <p>Booster swimming for Yr 6</p> <p>Improved focus on healthy eating and living.</p> | <p>To encourage a wider range of sports to be played and encourage all children to enjoy physical activity.</p> <p>To continue to encourage healthy lifestyles and fitness</p> <p>To encourage well-being and a healthy mind – ensure PE is a tool for whole school improvement and emotional/social development</p> <p>To employ coaches to support teachers' skills where this would add value</p> |

| Meeting national curriculum requirements for swimming and water safety | Please complete all of the below*: |
|---|------------------------------------|
| What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? | |
| What percentage of your current Year 6 cohort use a range of strokes effectively? | |
| What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations? | |

Sprowston Junior Action Plan for Sports Premium – 2022/23

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|--|---|--------------------------------|----------------------|--|---------------------------------|
| Academic Year: 2022/23 | | Total fund allocated: £18, 091 | | Date Updated: | |
| Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school | | | | | Percentage of total allocation: |
| | | | | | 50% |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: | |
| Use of sports coaches after-school and staff delivery of after-school activities | Introduce children to a range of different activities | £8000 | | | |
| Use of equipment and school staff to encourage daily play; supporting with a range of new resources and arranging activities. | Encouraging regular physical activity. Resources for lunchtime use only and staff to lead lunchtime activities. | | | | |
| Regular weekly ‘mile’ running in all year groups with certificates and achievements shared in assembly. | Continued regular mile running | | | | |
| Range of opportunities in the PE curriculum to improve fitness. | | | | | |
| Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement | | | | | Percentage of total allocation: |
| | | | | | 6% |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: | |

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|--|---|-------|--|--|
| <p>To purchase a social and emotional online tool to support children's mental health and to support individual profiling.</p> | <p>To assess some children's social and emotional development – to ensure actions to support children are targeted and timely.</p> | £2000 | | |
| <p>To raise awareness of healthy minds and healthy bodies by having a healthy living event over a period of days.</p> | <p>To promote health and physical activity with a week promoting healthy living – with fun activities for families to enjoy together.</p> | | | |

| Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport | | | | Percentage of total allocation: |
|---|--|--------------------|----------------------|--|
| | | | | 12% |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | evidence and impact: | Sustainability and suggested next steps: |
| Training needs identified and courses provided. | Identify current needs with questionnaire | £2000 | | |
| Use of coaches within the curriculum to improve teacher skills | Arrange coach support for identified sports | | | |
| | Arrange training opportunities for identified sports | | | |
| Key indicator 4: Broader experience of a range of sports and activities offered to all pupils | | | | Percentage of total allocation: |
| | | | | 22% |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Ensure that children have a broad range of opportunities in sport and physical activity. | Clubs offered after school to pupils in a range of activities. | £4000 | | |
| | Sports club put on to encourage those that don't normally participate in after-school clubs | | | |
| | Introduction of handball and Ultimate frisbee, yoga and dodgeball. | | | |
| | Different activities promoted with professionals; focus on activities not currently offered. | | | |
| | Gardening and outdoor activities provide exercise opportunities | | | |

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|---|--|--------------------|----------------------|--|
| | Provide extra swimming lessons for Year 6 children whom cannot swim 25m | | | |
| Key indicator 5: Increased participation in competitive sport | | | | Percentage of total allocation: |
| | | | | 10% |
| School focus with clarity on intended impact on pupils: | Actions to achieve: | Funding allocated: | Evidence and impact: | Sustainability and suggested next steps: |
| Enter numerous competitions across the time frame Host cluster competitions to improve participation Enter events held in local area to promote physical exercise | Enter the following competitions over the year: Korfball, Various football leagues and competitions, Athletics – Indoor/outdoor, Tag-Rugby, Swimming, Cross country league, tennis, tri-golf, adapted games Hold house competitions involving children from across the school. House-captains to organise. Attend various events put on by the sports partnership to encourage participation. | £2000 | | |