

Anti Bullying

We learn how to recognise the difference between isolated hostile incidents and bullying.

We discuss how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying.

E- Safety

We learn how to use technology safely including using software features and settings.

We discuss how information and data is shared and used online, the importance of staying SMART and where and how to report concerns and get support with issues online

Health and well-being

We learn about the difference between the terms physical, emotional and mental health and wellbeing.

We explore the relationship and balance between physical activity and nutrition in achieving a physically and mentally healthy lifestyle.

We learn that everyone has different strengths and weaknesses and begin to identify their own and others' strengths and weaknesses.

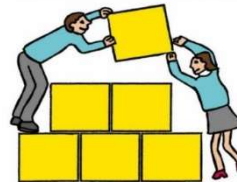
Keeping Safe

We discuss the rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them

We look at how to make responsible choices and consider consequences (both online and in real life).

Safeguarding in Years 3 & 4

**Sprowston
Junior School**



Building and Working Together

Road Safety

We look at road safety issues focussing on keeping safe on the road and in the local community.

Being a responsible citizen

We learn about rights and responsibilities as members of families, our school and the wider community. We look at our role as a citizen to protect the environment and how conservation can help protect our community as well as the rest of the planet.

British Values

We continue to focus on some of the most important aspects of British culture and values such as democracy and freedoms of speech and religion.

Relationships

We begin to understand the features of a good friend and why it is important to be positive in relationships with others.

We find out about the characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests, experiences, and support with problems and difficulties.