

Anti-Bullying

We learn that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.

We find out more about how the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health and discuss what steps to take if you find yourself or someone else is being bullied.

Keeping Safe

We will explore how to stay safe on school trips – including a residential trip in Year 6. We will talk about strategies to ensure we stay safe at all times, and what to do if separated from a group.

British Values

We continue to focus on some of the most important aspects of British culture and values such as democracy and freedoms of speech and religion through voting systems such as the School Council.

E- Safety

We discuss the advantages and disadvantages of the internet, including social media and the responsibility we have to represent ourselves truthfully and carefully online.

We learn how to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted

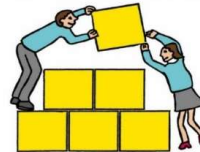
Drugs/Unhealthy Behaviours

We identify the different kinds of risks associated with the use and misuse of a range of substances and the impact that misuse of substances can have on individuals, their families and friends.

We will reflect on why age restrictions are in place to prohibit children from buying them and look at how make responsible, informed decisions relating to medicines, alcohol, tobacco and other substances and drugs

Safeguarding **in Years 5 & 6**

Sprowston
Junior School



Building and Working Together

Road Safety

Children have the opportunity to complete Bikeability training where they will be explicitly taught the importance of road safety when cycling.

We will also look at key safety learning each time we are on visits where road safety will be required.

SRE (Sex and Relationship Education)

Within SRE, we learn about how relationships differ and what kinds of behaviour are acceptable in these different contexts.

We look at gender discrimination, its impact and the importance of recognising and respecting similarities and differences between people

We also discuss the appropriateness of touching and how to know when a relationship may become inappropriate.