

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
Get Set for PE making a difference to teaching and enjoyment Activemark Gold school Teachers have had a good range of training Entered a variety of competitions Entered a range of cluster events Good culture of competition in the school Lunchtimes have become more physical activity focused Regular swimming for Yrs 4 & 5 Booster swimming in Year 6 Improved focus on healthy eating and living. Fitness in the curriculum	To encourage a wider range of sports to be played and encourage all children to enjoy physical activity. To continue to encourage healthy lifestyles and fitness, including travel to school To encourage well-being and a healthy mind – ensure PE is a tool for whole school improvement and emotional/social development To employ coaches to support teachers' skills where this would add value To investigate further ways for physical exercise such as forest schools, school travel.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	68%
What percentage of your current Year 6 cohort use a range of strokes effectively?	65%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	60%

Sprowston Junior Action Plan for Sports Premium – 2025/26

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Academic Year: 2025/26		Total fund allocated: £16, 381	Date Updated: July 2026	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:
				47%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Use of sports coaches after-school and during school to deliver a range of activities	Introduce children to a range of different activities	£7800	Range of coaches during and after school including cricket in school time and Community Sports Foundation. After school a range of sports were offered including gymnastics and football.	Continue encouraging coaches to support in school.
Use of equipment and school staff to encourage daily play; supporting with a range of new resources and arranging activities.	Encouraging regular physical activity. Resources for lunchtime use only and staff to lead lunchtime activities.		Range of equipment bought for lunchtimes to support healthy lunches. The children really enjoy all the resources at lunchtime and it has a huge impact on daily activity for the majority of pupils.	Continue to provide active lunchtimes and a range of different enjoyable activities.
Range of opportunities in the PE curriculum to improve fitness (units of work)	Increased understanding of our bodies and the importance of exercise.			
Continued 2 hours of PE in lessons	Opportunity for a quality PE curriculum		Continued teaching of fitness elements of PE curriculum.	Continue to provide a balanced and exciting PE curriculum.
Booster swimming sessions for Year 6	Children to swim 25m			
Gardening sessions (Year 3 & 4)	Increased exercise opportunities for many of the pupils in the garden area.		Curriculum still has 2 hours of PE	Continue to develop the garden/forest school type sessions
To add to the resources in the playground and to improve the areas the children can use.	Further equipment will promote exercise and enjoyment.		These weren't run due to time but the SHIP had extra sessions which really benefitted them. The gardening sessions were	Review equipment outside

			good opportunities for outside learning and physical exercise. We added a new climbing wall and improved other equipment that needed remedial work.	
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				9%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To raise awareness of healthy minds and healthy bodies in PSHE lessons and in assemblies	To promote health and physical activity by promotion in PE lessons and other times.	£1500	Healthy living and healthy minds is promoted through PE, PSHE and science lessons	Continue to promote healthy living in all subjects.
To encourage exercise and healthy minds/lifestyles, involving pupils with sharing information.	Pupils support with assemblies, clubs and lessons.		These were encouraged through the curriculum offer.	
To purchase new equipment for the cookery room to enhance our cookery provision and promote healthy living.	Evaluate need and resources required.		Some new equipment was purchased.	
To encourage walking and biking to school as part of a health initiative.	Hold a bike/walk to school week. Scooter days for year groups.		A considerable amount of work was put into this area. A travel plan was written, an active travel plan was also written and we worked closely with the council	
To improve the bike sheds to support improved biking and scootering to	Get the children involved in the			

school. Promote physical exercise at after-school club	design Sharing of equipment.		to implement this with new bike sheds, learn to ride sessions and more bikeability.	
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				0%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	evidence and impact:	Sustainability and suggested next steps:
Training needs identified and courses provided. Use of coaches within the curriculum to improve teacher skills	Identify current needs with questionnaire Arrange coach support for identified sports Arrange training opportunities for identified sports where possible.	£0	PE lead reviewed need but new opportunities weren't found that would meet any CPD needs during the period.	Look for more opportunities. These may open up with the new funding model.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				19%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Ensure that children have a broad range of opportunities in sport and physical activity. Continue to investigate having a forest schools area in the woodland part of the recreation ground. Plan the new garden area and identify future costs. After-school clubs develop activities not covered in the curriculum where possible.	Continuation of new activities such as handball and ultimate frisbee Gardening and outdoor activities provide exercise opportunities Work with staff to plan how the outside space will look and any new resources required. Different activities promoted with professionals; focus on activities not currently offered.	£3100	Continued good range of sports offered to pupils in the curriculum. New garden area brings opportunities for Forest School type activities – Nicola to develop it alongside SLT & community. Good progress so far with new pond area. Some success here with activities like dodgeball. Limited to clubs being offered and take-up.	Continue to offer a wide range of sports in the curriculum. Continue to develop the garden/forest school type sessions Develop the new garden area further. Review sports offered and look for new opportunities.

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				24%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Enter numerous competitions across the time frame Host/enter cluster competitions to improve participation Enter events held in local area to promote physical exercise Promote events in local area	Enter the following competitions over the year: Korfball, Various football leagues (boys/girls) and competitions, Athletics – Indoor/outdoor, Tag-Rugby, Swimming, Cross country league, tennis, tri-golf, adapted games Hold house competitions involving children from across the school. House-captains to organize. Organise/enter cluster events	£4000	Many competitions were entered across the year. Some cluster activities such as the high school sports days. The children enjoyed the competitions across the year and benefited from the challenges. House Competitions weren't organized due to time constraints.	Enter Sportshall athletics again. Enter different sports where possible. Question mark over funding going forward for these activities and what the new offer will look like.