



## Sprowston Junior School Our Curriculum



### Subject: PSHE and RSE

<u>Date policy was updated:</u> September 2019	<u>Monitored by: Rachel Harrison</u>	<u>Date of policy review:</u> September 2020
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This policy can be summarised using the three categories: intent, implementation and impact. These areas are used to monitor the effectiveness of our PSHE and RSE curriculum across the school.

#### Intent:

- To enable our children to become healthy, independent and responsible members of our society.
- To help them understand how they are developing personally and socially and how to tackle many of the moral, social and cultural issues that are part of growing up.
- To provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society.
- To develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

#### Implementation:

- The school curriculum will focus on three core learning themes: health and wellbeing, relationships and living in the wider world.
- The Scheme of work also includes opportunities to link British Values, Spiritual, Moral, Social and Cultural (SMSC) and schools key skills into the curriculum.
- Children have access to key knowledge, language and meanings in order to understand PSHE and RSE and be able to use these across the wider curriculum
- Working class journals in each classroom exemplify the terminology and learning used throughout the teaching of PSHE, British Values, RSE and SMSC which enable pupils to make links across the wider curriculum.
- Whole school, Key Stage and class assemblies always make a link to PSHE.

#### Impact:

- Children will be equipped with the social and emotional vocabulary and skills to deal with the modern world.
- Children will develop the confidence, talents and skills, to become effective individuals, motivated learners and active citizens.
- Children will be prepared for all aspects of life.

Statement:

At Sprowston Junior, we aim to provide a range of opportunities for children to develop themselves in a balanced way, inside and outside of the classroom e.g. PSHE and RSE structured lessons, school trips, visits within the local community, links with schools around the world (Kenya), assemblies etc. In this way our children move from childhood to adolescence with support and guidance both to encourage an awareness of others and the aid their growth of responsible independence. Children throughout their time at SJS develop confidence, talents and skills to become effective individuals, motivated learners and active citizens.

Our PSHE and RSE lessons all follow the National Curriculum and aim to meet the following objectives

- Health and Wellbeing
- Relationships
- Living in the Wider World

We want to prepare our children for the future by encouraging the development of characteristics for life such as a love of learning, resilience, integrity, team work, critical thinking and independence. We want to prepare them for the world of work and support them in developing enterprise skills and financial awareness