



Nansa's Sleep Service aims to be there for families whose children have SEND and experience ongoing sleep difficulties

Sleep Helpline

01603 728673

Open every Monday (term time only)
10am - 3pm

★ If you need advice or guidance on sleep, Nansa's Sleep Practitioners are just a phone call away.

★ Offer strategies that are practical and will aid sleep

★ The Sleep Helpline will be running along side the Nansa Sleep Clinic. For more information, visit our website: www.nansa.org.uk

NHS

Norfolk and Waveney
Clinical Commissioning Group

@NansaNorfolk

www.nansa.org.uk

