



WEEK 1

Allergen key:

May Contain in ()



Peanuts
(P)



Nuts
(N)



Crustaceans
(Shellfish)
(CR)



Molluscs
(Shellfish)
(MO)



Fish
(F)



Eggs
(E)



Milk
(MI)



Cereals
containing
Gluten (G)



Soya
(S)



Sesame
seeds
(SS)



Celery
(CE)



Mustard
(MU)



Lupin
(L)



Sulphur
Dioxide
(SD)

MONDAY

OPTION 1

Main Dish

Tomato & Herb Penne
Pasta with Garlic Bread,
Seasonal Vegetables G;S

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Cheese Wrap MI;G or Ham
Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

DESSERT

Ice Cream Sundae MI; or
Fresh Fruit or Jelly

TUESDAY

Hot Dog with Herby
Diced Potatoes, Seasonal
Vegetables G;SD;(S);(SS)

Veggie Hot Dog with
Herby Diced Potatoes,
Seasonal Vegetables
G;CE;(S);(SS)

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll MI;G or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Shortbread Biscuit G;

Shortbread Biscuit G; or
Fresh Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Baked Potato with Grated
Cheese MI; or Baked
Beans or
Tuna Mayo E;F & Salad

Cheese Wrap MI;G or Ham
Wrap G; or Tuna Wrap
E;F;G
Nachos
Carrot Sticks & Apple
Wedge
Flapjack G;

Flapjack G; or Fresh Fruit
or Jelly

THURSDAY

Chicken Curry with Rice
and Naan Bread. Seasonal
Vegetables CE;G;

BBQ Quorn Taco with Rice,
Seasonal Vegetables E;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll MI;G or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Vanilla Crunch G;E

Vanilla Crunch G;E; or
Fresh Fruit or Jelly

FRIDAY

Battered Fish & Chips with
Beans or Peas G;F;

Vegetable Goujons &
Chips with Beans or Peas

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Wrap MI;G or Ham
Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Cupcake G;E

Cupcake G;E; or Fresh
Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.

eats.

SPRING/SUMMER 23/24

22nd April, 13th May, 10th June
1st July, 2nd September,
23rd September, 14th October

Menu

Allergen key:

May Contain in ()



Peanuts
(P)



Nuts
(N)



Crustaceans
(Shellfish)
(CR)



Molluscs
(Shellfish)
(MO)



Fish
(F)



Eggs
(E)



Milk
(MI)



Cereals
containing
Gluten (G)



Soya
(S)



Sesame
seeds
(SS)



Celery
(CE)



Mustard
(MU)



Lupin
(L)



Sulphur
Dioxide
(SD)

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Main Dish

Vegetable Pasta
Bolognese, Seasonal
Vegetables G;

Breaded Chicken Steak,
Herby Diced Potatoes,
Salad G;

Roast Pork, Crispy Roast
Potatoes, Seasonal
Vegetables, Gravy

Sweet & Sour Chicken with
Rice, Seasonal Vegetables
CE;

Fish Fingers & Chips with
Baked Beans or Peas G;F;

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

Sothorn Style Quorn,
Herby Diced Potatoes,
Salad G;E;MI

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Vegetable Chow Mein,
Seasonal Vegetables
G;E;S;SD;

Vegetable Spring Roll &
Chips with Baked Beans or
Peas G;S;SS

OPTION 3

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Iced Sponge G;E;

Cheese Roll G;MI or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Jelly

Cheese Wrap G;MI; or
Ham Wrap G; or Tuna
Wrap G;E;F
Nachos
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Shortbread Biscuit G;

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Lemon Drizzle Cake G;E;

DESSERT

Iced Sponge G;E; or Fresh
Fruit or Jelly

Ice Cream Sundae MI; or
Fresh Fruit or Jelly

Jelly & Ice cream MI; or
Fresh Fruit

Shortbread Biscuit G; or
Fresh Fruit or Jelly

Lemon Drizzle Cake G;E;
or Fresh Fruit or Jelly

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.

Available everyday: Salad Options Available Daily.

WIBBLE

1%
FOR THE
PLANET

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(E)



Milk
(MI)



Cereals
containing
Gluten (G)



Soya
(S)



Sesame
seeds
(SS)



Celery
(CE)



Mustard
(MU)



Lupin
(L)



Sulphur
Dioxide
(SD)

MONDAY

OPTION 1

Main Dish

Macaroni Cheese,
Seasonal Vegetables G;MI;

OPTION 2

Alternative Dish

Margherita Pizza, Potato
Wedges, Seasonal
Vegetables G;MI;S;(E)

OPTION 3

Baked Potato

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

OPTION 4

Packed Lunch

Cheese Wrap G; MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Frube Yoghurt MI;

DESSERT

Ice Cream Sundae MI;

TUESDAY

Breakfast Brunch G;SD;E;

Vegan Breakfast Brunch
G;CE

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Chocolate Nest G;

Chocolate Nest G; or Fresh
Fruit or Jelly

WEDNESDAY

Roast Chicken, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy

Roast Quorn, Crispy
Roast Potatoes, Seasonal
Vegetables, Gravy G;

Baked Potato with Grated
Cheese MI; or Baked
Beans or
Tuna Mayo L;F & Salad

Cheese Wrap G;MI; or
Ham Wrap G; or Tuna
Wrap G;E;F
Nachos
Carrot Sticks & Apple
Wedge
Chocolate Cookie G;

Chocolate Cookie G; or
Fresh Fruit or Jelly

THURSDAY

BBQ Chicken Wrap with
Rice, Seasonal Vegetables
G;

Vegetable Curry with Rice.
Seasonal Vegetables CE;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Roll G;MI; or Ham
Roll G;
Popcorn
Cucumber Sticks &
Satsuma
Fruit Muffin G;E;

Fruit Muffin G;E; or Fresh
Fruit or Jelly

FRIDAY

Chicken Dippers & Chips,
Beans or Peas G;CE;

Quorn Dippers & Chips
Beans or Peas G;

Baked Potato with Grated
Cheese MI; or Baked
Beans
& Salad

Cheese Wrap G;MI; or
Ham Wrap G;
Nachos
Carrot Sticks & Apple
Wedge
Chocolate Crunch G;E

Chocolate Crunch G;E; or
Fresh Fruit or Jelly

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