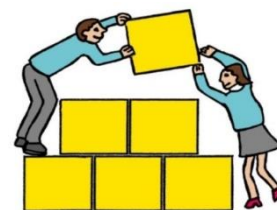


## Helping our children stay safe online during lockdown



With our children spending more time on a screen it can sometimes be tricky to know how best to keep them safe.

Here is a list of websites that we have found to be helpful.

What?	Where?
Online safety during coronavirus.	<a href="https://learning.nspcc.org.uk/news/2020/may/online-safety-during-coronavirus">https://learning.nspcc.org.uk/news/2020/may/online-safety-during-coronavirus</a>
Support with key issues that families face during lockdown and social distance.	<a href="https://parentinfo.org/">https://parentinfo.org/</a>
Guides to social media platforms, apps and games.	<a href="https://www.net-aware.org.uk/">https://www.net-aware.org.uk/</a>
Child-friendly advice on coronavirus and staying safe.	<a href="https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/">https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/coronavirus/</a>
NSPCC advice on COVID-19, including tips on talking to children worried about coronavirus, working from home and online safety.	<a href="https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/">https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/</a>
A free helpline enabling children to seek support with any issues that are worrying them, including sex and relationships and staying safe online.	<a href="https://www.themix.org.uk/get-support">https://www.themix.org.uk/get-support</a>

Advice on keeping children safe online while they are at home.	<a href="https://www.thinkuknow.co.uk/parents/">https://www.thinkuknow.co.uk/parents/</a>
Family activity packs and downloadable help sheets on how to stay safe online.	<a href="https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/">https://www.thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/</a>
The latest tips, advice and resources to help children and young people have a safe and positive time online.	<a href="https://www.saferinternet.org.uk/">https://www.saferinternet.org.uk/</a>
How to stay safe online & on a phone.	<a href="https://www.runawayhelpline.org.uk/advice/staying-safe-online-and-on-your-phone/">https://www.runawayhelpline.org.uk/advice/staying-safe-online-and-on-your-phone/</a>
A guide about keeping children safe online – in nine clearly explained chapters.	<a href="https://tutorful.co.uk/guides/how-to-keep-kids-safe-online">https://tutorful.co.uk/guides/how-to-keep-kids-safe-online</a>
Tips on how to stay safe and happy online.	<a href="https://www.vodafone.co.uk/mobile/digital-parenting">https://www.vodafone.co.uk/mobile/digital-parenting</a>

This is not an exhaustive list and there are many other websites out there. Let us know if you find any that you think are useful and we can share them with other parents/carers.

